

Sylvania Heights Public School Canteen Prices Effective 29th February 2008

PARENTS PLEASE NOTE: If there is not enough money in your child's lunch bag then items will be deleted.
PAPER BAGS are 20c if not supplied by the child.



Wraps

Roast Chicken & Salad	\$4.00
Roast Chicken, Lettuce & Mayo	\$3.50
Fat Free Leg Ham & Salad	\$4.00
Salad	\$3.00
Toasted	\$0.50

Cup Noodles/ Pasta

Carbonara	\$2.20
Macaroni & Cheese	\$2.20
Chicken	\$2.20
Beef	\$2.20

Salad in Containers

Lettuce, Tomato, Cucumber, Carrot, Beetroot, Sprouts	\$3.50
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Soft Pretzels (warm)

Cinnamon or Ham & Cheese	\$2.50
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Sandwiches

Vegemite	\$1.50
Honey	\$1.50
Cheese	\$2.00
Tomato	\$2.00
Devon	\$2.00
Egg	\$2.00
Ham	\$3.00
Roast Chicken	\$3.00
Salad	\$3.50
Ham or Chicken Salad	\$4.00
Toasting (Jaffles Extra)	\$0.50
Extra Fillings	\$0.50
Rolls Extra	\$0.50



Hot Food

Sausage Roll (<i>low fat</i>)	\$2.00
Junior Meat Pie (<i>low fat</i>)	\$2.00
Meat Pie (<i>low fat</i>)	\$2.40
Pizza Pockets - <i>Ham & Pineapple</i>	\$2.00
<i>Cheese & Bacon</i>	\$2.00
Chicken Burger - <i>chicken, lettuce & mayo</i>	\$3.00
Yummy Drummy	\$1.00
Chicken and Corn Roll	\$1.20
Twista Pasta	\$2.80
Potato Bake	\$2.80
Macaroni & Cheese Pasta	\$2.80
Fried Rice	\$2.80
Hot Dog (<i>low fat franks</i>)	\$2.00
Garlic Bread	\$0.30
Sauce Portions	\$0.20

Snacks

Jelly Straws	\$0.20
Jumpy's - <i>Chicken, BBQ, Cheese</i>	\$0.60
Piranha Veggie Snacks – <i>French Onion, Lemon/Lime, Roast Seasoned</i>	\$0.70
JJ Crackers- <i>Chicken, Veggie, Pizza, S&V, Curios Snacks – Pancake & Berry</i>	\$0.80
Popsy Popcorn plain <i>Full Bag</i>	\$0.90
Popsy Popcorn plain <i>Half Bag</i>	\$0.45
Deli Rock Chips – <i>Honey Soy Chicken, Plain</i>	\$0.80

Drinks

Milk- <i>Plain</i>	\$1.00
Flavoured Milk – <i>Chocolate, Banana, Strawberry</i>	\$1.20
Aroona Mineral Water – <i>Blue, Cola, Orange, Apple / Raspberry, Lemon/ Lime Lime/Pineapple</i>	\$1.30
300 ml Juice – <i>Apple, Orange,</i>	\$1.30
Small Juices – <i>Orange, Orange / Mango, Orange / Passionfruit, Apple</i>	\$1.00
Bottled Water – <i>400ml</i>	\$1.00
<i>600ml</i>	\$1.70
Pump Water - <i>750ml</i>	\$2.00
Lemon Pump- <i>750ml</i>	\$2.00
Play Water - <i>300ml</i>	\$1.50
<i>Raspberry, Blackcurrant, Fruit-Tingle, Lemonade</i>	
<u>Iceblocks</u> (Not to be ordered with lunches)	
Icy Bites- <i>frozen fruit juice in tubes</i>	\$0.40
Yoghurt Snaps – <i>Strawberry, Mango</i>	\$0.30
Frozen Baby Juices- <i>P/Apple, Apple & O.J</i>	\$0.60
Moosies . <i>Frozen Milk Ice-Cream in Tube</i>	\$1.00
Blizzards Frozen Juice	\$1.50



