Sylvania Heights Public School Canteen Prices Effective 18th August 2008

PARENTS PLEASE NOTE: If there is not enough money in your child's lunch bag then items will be deleted.
PAPER BAGS are 20c if not supplied by the child.

Wraps

Roast Chicken & Salad	$4.50
Roast Chicken, Lettuce & Mayo	$4.00
Fat Free Leg Ham & Salad	$4.50
Salad	$4.00

Cup Noodles/ Pasta

Carbonara	$2.20
Macaroni & Cheese	$2.20
Chicken	$2.20
Beef	$2.20

Salad in Containers

Lettuce, Tomato ,Cucumber, Carrot ,Beetroot, Sprouts $4.00

Sandwiches

Vegemite	$2.00
Honey	$2.00
Cheese	$2.50
Tomato	$2.50
Devon	$2.50
Egg	$2.50
Ham	$3.50
Roast Chicken	$3.50
Salad	$4.00
Ham or Chicken Salad	$4.50
Toasting	$0.50
Extra Fillings	$0.50
Rolls Extra	$0.50

Hot Food

Sausage Roll *(low fat)*	$2.00
Meat Pie *(low fat)*	$2.50
Hot Dog (*low fat franks)*	$2.00
Pizza Pockets - *Ham & Pineapple*	$2.00
Cheese & Bacon	$2.00
Chicken Burger - *chicken, lettuce & mayo*	$3.00
Yummy Drummy	$1.00
Chicken and Corn Roll	$1.20
Twista Pasta	$3.00
Macaroni & Cheese Pasta Bake	$3.00
Garlic Bread Pieces	$0.30
Sauce	$0.30

Soft Pretzels (warm)

Cinnamon or Ham & Cheese $2.50

Snacks

Jelly Straws	$0.20
Jumpy's - *Chicken, BBQ, Cheese, S & V & Hot Dog*	$0.60
JJ Crackers-*Chicken, Veggie, Pizza, S&V, & Burger*	$0.80
Popsy Popcorn plain *Full Bag*	$1.00
Popsy Popcorn plain *Half Bag*	$0.50
Deli Rock Chips –*Honey Soy Chicken, Plain*	$1.00

Drinks

Milk- *Plain*	$1.20
Flavoured Milk – *Chocolate, Banana, Strawberry*	$1.50
Aroona Mineral Water – *Blue, Cola, Orange, Apple / Raspberry, Lemon/ Lime Lime/Pineapple*	$1.50
375 ml Juice – *Apple, Orange,*	$1.50
Small Juices – *Orange, Orange / Mango, Orange / Passionfruit, Apple*	$1.00
Bottled Water – *400ml*	$1.00
600ml	$1.70
Pump Water - *750ml*	$2.50
Lime & Lemon Pump- *750ml*	$2.50
Play Water - *300ml*	$1.50

Raspberry, Blackcurrant, Fruit-Tingle, Lemonade

Iceblocks

(Not to be ordered with lunches)

Icy Bites- *frozen fruit juice in tubes*	$0.40
Yoghurt Snaps – *Strawberry, Mango*	$0.30
Frozen Baby Juices-*P/Apple, Apple & O.J*	$0.60
Moosies . *Frozen Milk Ice-Cream in Tube*	$1.00
Blizzards Frozen Juice	$1.50