**Canteen Manager – Rebecca Bath 0412 487 858**

/ Menu Effective Term 3, 2015

**MON/TUES/WED ONLY**

$5 Meal Deal

Choice of chicken burger, cheeseburger, hotdog or wrap and choice of drink

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**ONLINE ORDERS**

Set up your Online Ordering account

www.school24.com.au

School ID: 25218963

Register online, top up your account and you are ready to place orders. Cut off time to place orders online is 8:30am daily. Orders may be placed in advance.

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Our menu is compliant with the Fresh Taste @ School NSW Health Canteen Strategy

- (G) Green (eat plenty)
- (A) Amber (eat in moderation)
- (R) Red (no items on menu, special days only)

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**NEW**

**MINI MENU**

- (A) Mini Pie $1.50
- (A) Mini Sausage Roll $1.50
- (A) Mini Hot Dog $2.00
- (1/2 size) (A) Mini Tender Wrap $2.50
- (1 chicken tender, lettuce & mayo)

- (A) Mini Pop $0.20
- (small bag of popcorn)
- (A) Mini Tender Sub $2.50
- (2 chicken fingers, lettuce & mayo on 1/2 long roll)

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**Sandwiches**

- (G) Vegemite $2.00
- (G) Cheese $2.50
- (G) Ham $3.50
- (G) Chicken $3.50
- (A) Salad $3.50
- (G) Ham Salad $4.50
- (G) Chicken Salad $4.50

**Extras**

$0.30
(tomato, lettuce, cheese, cucumber, beetroot, carrot)

- (G) Baked Beans Jaffle $3.50
- **add cheese $0.30**
- **Add ham $1.00**
- **all sandwich fillings can be made on a roll, a wrap, toasted or jaffle for an extra $0.50**

**Wraps**

- (G) Rainbow $4.00
  (carrot, cheese, tomato, lettuce, cucumber, beetroot & mayo)
- (A) Chicken Tender $4.00
  (2 x chicken tenders with lettuce & mayo)
  * sweet chili sauce is available on request

**Salads**

- (G) Vegie Sticks $1.50
  (carrot & cucumber sticks)
- **add a crunch pack to any hot food lunch order for $1.00**
- (G) Sylvania Salad $4.00
  (lettuce, carrot, cucumber, tomato, cheese, beetroot)
  **add ham or chicken $1.00**

**Hot Food**

- (G) Garlic Bread $0.50
- (A) Yummy Drummy $1.20
- (A) Traveller Pie $3.00
- (A) Low Fat Sausage Roll $3.00
- (A) Hot Dog $3.50
- (low fat Frankfurt with tomato or bbq sauce)
- (A) Cinnamon Pretzel $3.50
- (G) Macaroni & Cheese Pasta $4.00
- (G) Bolognese Twista Pasta $4.00
- (G) Fried Rice $4.00
- (A) Chicken Fingers 2 = $1.00
  4 = $2.00
  6 = $3.00
  8 = $4.00

**Drinks**

- (G) Water 600ml $2.00
- (A) Flavoured Milk $2.00
  (chocolate or strawberry)
- (A) Quench $2.00
  (lemon/lime or orange mineral water)
- (A) Juice $2.00
  (apple or orange)

**Ice Blocks**

- (A) Quelch Fruit Sticks $0.50
- (A) Calippo $1.00
  (Raspberry/Pineapple)
- (A) Lemonade Twist $1.00
- (A) Funny Finger $1.00
- (A) Paddle Pop $1.50
  (chocolate or rainbow)

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**Apply Slinkys**

BYO Apple $0.20
Buy Apple $1.00

(available at limited times only)

<table>
<thead>
<tr>
<th>Extras</th>
<th>Bag</th>
<th>Sauce</th>
<th>Cutlery</th>
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<tbody>
<tr>
<td></td>
<td>$0.20</td>
<td>$0.30</td>
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**Burgers**

- (G) Hamburger $3.50
  (meat patty & tomato sauce)
- (G) Cheesburger $4.00
  (meat patty, cheese, tomato sauce)
- (G) Heights Hamburger $4.50
  (meat patty, cheese, lettuce and tomato)
- (A) Chicken Burger $4.00
  (crumbed chicken breast tender, lettuce, mayo)
  **add cheese to any burger, wrap or hot dog for $0.30**

**Snacks**

- (A) Sumo $0.50
- Cookies & Cream $0.50
- (G) Assorted $0.80
- Fresh Fruit $0.80
- (A) Jumpy’s $(salt & vinegar or chicken)
- (A) Deli Rock Chips $1.00
  (honey soy or sea salt)
- (G) Popcorn $1.00
  (full bag)
- (A) Mini Cookies $1.00
  (choc chip)
- (A) JJ’s $1.00
- (A) Comtos $1.00
- (A) Banana Bread $1.50